

CURRICULAM VITAE

Dr. Omar Habib

Father's Name : Mr. Habib-ullah Dar
Date of Birth : 23-01-1981
Permanent Address : Khawajha Bagh Baramulla,
Jammu & Kashmir – 193101.
Nationality : Indian
Languages Known : Kashmiri, Hindi, English, and Urdu.
Phone : +91-9018061490
Subject : **Psychology**
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Resume Objective: *Hard working teacher with proven teaching and organizational skills seeking to apply my abilities to the University Level teaching.*

Current Profile:

- Presently working as Asst. Professor at **Government Degree College for Women, Baramulla** and simultaneously working as **Academic counsellor** for M.A Psychology programme with “**Indira Gandhi National Open University**” **Regional Centre, Srinagar.**
- **One year teaching** experience at **P.G. Dept. of Psychology, University of Kashmir.**
- **Three year teaching** experience at **Government Degree College, Sopore, Kashmir.**
- **One year teaching** experience at **Government Degree College Boys, Baramulla, Kashmir.**
- Worked as Principal Investigator in a Sponsored Project entitled-“**The Kashmir Conflict: Attitude of general public towards police personnel and their policies**”.

Academic Background

- **Ph.D. in Psychology** from Dept. Of Psychology **Aligarh Muslim University**, Aligarh on the topic “Influence of Emotional Intelligence and Psychological Well being on Work Commitment; A study of police personnel”.
- Qualified **UGC-NET Exam** in December 2007.
- Passed M.A. (Psychology) from **University of Kashmir** with 1st Division in 2008.
- Passed B.A. (Honours) Psychology from **AMU**, Aligarh in the year 2003 with 1st Division.
- Passed Secondary School from **Jawahar Navodiya Vidyalaya** (CBSE Board), Baramulla in the year of 1997 with 1st Division.

Books Published:

- *“The Kashmir Conflict: Attitude of general public towards police”*, Lambert Academic publishing, Germany, ISBN No. 978-3-659-69244-4.

Papers Published:

- *“A comparative study of Body Image Perception and Depression among normal women and women who have undergone mastectomy”*, **International Journal of Applied Research 2016; 2(2): 507-510**
- *“Role of Counselor in sustaining eco-friendly behaviour”*, **Asia Pacific Journal of Research, Vol. 1 No. XXV, 2015.**
- *“Teaching Techniques: A Blend of Traditional and Modern Methods”*, **Excellence International Journal of Education and Research, Vol. 1 No. 8, 2015.**

- *“Emotional intelligence as a predictor of adjustment among adolescents”*, **Indian Journal of Health and wellbeing**, Vol. 4 No. 8, 2013.
- *“Adaptive behaviour in children with mental retardation as correlate of maternal stress”*, **Indian Journal of Health and wellbeing**, Vol. 3 No. 1, 2012.
- *“Relationship between Emotional Intelligence and Psychological well being of Male Police personnel”*, **Journal of Indian Academy of Applied Psychology (JIAAP)**, Vol. 37 No.1, January 2011.
- *“Influence of need deficiency on adjustment: A study of police personnel”*, **Kashmir Journal of Social Sciences**, 2010.
- *“Psychological well being as a determinant of Adjustment among male police personnel”*, **Human Behaviour: Journal of Applied Psychology**, Vol. 5 No. 1, December 2010.
- *“Work Identification and Adjustment: A comparative study of male and female police personnel”*, **Human Behaviour: Journal of Applied Psychology**, Vol. 4 No.1, December 2009.

Papers Presented in International Conferences:

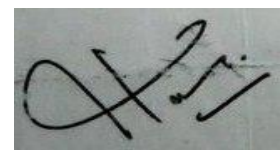
- *“Influence of need deficiency on adjustment: A study of police personnel”*, **The 13th International and 44th National Conference of the Indian Academy of Applied Psychology**, 2009.
- *“Applicability of Emotional Intelligence to everyday living”*, **Multidisciplinary International Conference on Emerging Issues and Global Economic Scenario**, 2009.
- *“Islamic Perspective in Child Rearing Practices”*, **International Conference on Concept of Psyche in Islam**, 2009.
- *“Work Identification and Adjustment: A Study of Police personnel”*, **14th International and 45th National Conference of the Indian Academy of Applied Psychology (IAAP) on Quality of Life and Globalisation: Effective Self Care Interventions**, 2010.
- *The link between Education, Experience and Police Performance*, **46th National and 15th International Conference of the Indian Academy of Applied Psychology**, 2011.
- *Counselling: A tool against combat stress*, **International Conference on Advances in military psychology: Soldier Preparedness** jointly organized by DRDO and NAOP, 2011.

Papers Presented in National Conferences:

- *“Use of Counselling in Preventing Drug Abuse”*, **XXX Annual Conference of Indian Psychiatric Society, Central Zone, 2008.**
- *“Relationship Between Spiritual Intelligence and Psychological Well Being of Muslim Male Adults”*, **National Seminar on Spiritual Psychology, 2010.**
- *“Influence of Stress on Adjustment among Adolescents”*, **National Seminar on Juvenile crime: Global Dimensions, 2011.**
- *“Developing Team Spirit through Counselling”*, **National Seminar on Scientific Support in Sports, 2011.**
- *“Adaptive behaviour in children with mental retardation as correlate of maternal stress”*, **1st National Conference of INSPA on School Psychology, November 2011.**

Workshops Attended:

- *Workshop on development of leadership skills among youth, 2015.*
- *Workshop on Rorschach Inkblot Test, 2010.*
- *Workshop on Disaster Management, 2010.*
- *Workshop on Development and Sustainability, 2010.*
- *Workshop on Assessment and Psycho-diagnostics, 2011.*



Date- 17/08/2017

OMAR HABIB

Place-Baramulla, India